

# **KinkFest UK 2019 Workshop Information**

## **SESSION 1 — SATURDAY**

### Getting Reactions in Rope

Learn how to get reactions out of your bottom using shin rope, futomomos, and other simple ties. We will also look at how reactions can be intensified by various positions and the use of additional implements. Participants will need to be able to tie a non-collapsing single column.

### Methods of Training Your Pet Human

This D/s workshop is jam-packed with ideas, tips and suggestions for building D/s into your relationship. Whether you just want to feel comfortable using titles in the home or to extend a power dynamic to your entire relationship, there will be something for everyone. Will Hunt will be joined by his partner to discuss how their relationship works and to provide a unique double perspective on how her training has changed their relationship.

### Exploring Motivation in Power Exchange

This is a discussion workshop designed to give the bottoms space to explore why they might choose something, and what these choices mean in terms of self care and safety... and for Tops to understand the thought processes behind the more psychological side of D/s. We'll look at the "why" that complements the "how!"

### The Erotic Art of Genital Pain

We will be exploring genitals and how they can be used to create sensation or pain for yourself or your partner. We will discuss the psychological effects as well as physical ones. Basic safety and anatomy will be looked at first, and then we will look at techniques and give a practical demonstration. This is a workshop for the curious, the beginner, the aficionado - all are welcome and I would be encouraging you to share experiences and knowledge. Bring along toys you think would interest the group and a willingness to join in, share and learn.

### Kink and Disability: A Personal Perspective

A discussion-based session on how we navigate kink while being disabled, and some things that non-disabled people ought to know - including that disabled people can be kinky as fuck! Non-disabled people are welcome, but the workshop will centre those with any kind of disability.

### Playing with Emotional Hurt

A facilitated space for conversation about playing with emotional hurt. Instead of, or as well as, physical discomfort: what about giving and taking emotional pain? We'll talk together about how we discover and share vulnerability, how we challenge, upset or otherwise play with painful emotions, and how we come back to OK afterwards. Please come to share ideas and experiences or just to listen.

### In-Scene Negotiation: Addressing the Taboo

The common wisdom is not to negotiate mid-scene, but ShygirlV and Ropework believe it's more complex and nuanced than that! A discussion session about the ins and outs of negotiating during a scene, from both the Top and bottom perspectives.

## **SESSION 2 – SATURDAY**

### The Art of Flogging

Learn all about the different types of floggers and how to use them in this fun, interactive have-a-go session with Aemilia Hawk of Kabunza. Everything you ever wanted to know about flogging, you can learn in this session. There will be some floggers available for practice, but bring your own if you have them.

### Liberation: Couples' Sexual Freedom Workshop

An interactive group workshop for couples, aimed at exploring barriers and boundaries of reaching sexual freedom. This workshop is female led and aimed at women and their partners working towards sexual freedom and open communication. Group discussions and exploratory chat covering a range of subjects including but not limited to: barriers and identification of limits; getting to know your/partner's vagina/penis; taboo - what is it to you?; love the woman, nurture the girl; power exchange; open communication; orgasm, denial, enforcement.

### How to Be a Decent Person Within BDSM

A lecture and discussion session on how to be a decent person within the BDSM community, while not making yourself vulnerable to harm. Dos and don'ts for both Tops and bottoms.

### Needle Play 101

An introduction to needle play covering safety, equipment, and that first insertion. There will be live demo and, if we have time, a chance for a few people to have a go.

### Strange Sensations

This session focuses on producing sensations that are unusual and enjoyable. We explore the sensual side of BDSM, with suggestions on how to ramp it up to painful, using cheap objects that you can easily access. We'll also consider suggestions on how to incorporate sensation play into various scenes and also how to use it on all genders and types of bodies.

### Poly, Kinky and Playful

We have been play partners since 2009, in a relationship since 2010, and married since 2014. This discussion session will explore how a D/s dynamic works alongside polyamory (hopefully one or more of our partners will join us,) our emphasis on keeping things fun, and how we have worked around life challenges. We will then invite a general discussion on how other people identify their dynamics, how they work and consider some of the challenges, and creative solutions people have come up with to manage the issues which can occur. Expect references to the joy of Google Calendar and how many extra sets of bedsheets you will need!

## **SESSION 3 — SATURDAY**

### Subs on Fire: Bullwhips, Fire Whips, Poi and Floggers

A practical demonstration on the use of bullwhips, fire whips and fire floggers, with performances of poi and fire poi. We'll cover safety, uses of the various equipment, protective requirements, and detailing the different fuels used in fire play and how to select the correct one. This workshop is open to attendees who wish to experience receiving fire play... or to simply try their hands at poi or use of a bullwhip with supervision. (Please note this is a three-hour workshop running in session 3 and 4.)

### Violet Wands: What Are They and What Do They Do?

Explore violet wands, one of the most popular forms of electro-play. They're not as scary as they look! We'll look at the history of violet wands, some safety considerations, and explore a few of the different ways they can be used in BDSM. Come and get zapped! (Or just watch, if you prefer.)

### Enema Play

This workshop will cover all aspects of enema giving and receiving, whether you wish to simply enhance the clean-out process prior to anal play or to enjoy enemas as a form of play in and of themselves, from the sensual to the sadistic. The session will explore the safety and anatomy of enema play, consider the equipment necessary and provide ideas for enhancing the filling experience for both the top and bottom. Please note there will NOT be a practical demonstration – this is a theoretical session.

### Reckoning with Risk: How to Play on the Edge Without Losing Your Edge

A workshop designed to explore the psychology of risk and how it applies to edge play. Human beings have evolved to minimise risk in most scenarios. When we engage in edge play we take on higher levels of risk. We try to do this in an informed way but most people do not have a framework for accurately assessing risk. This workshop will give a whistle-stop tour through the psychology of risk and how to use it to create your own personal risk profile. We'll talk about what edgeplay is (physical, social, psychological) and help you create your own checklist to plan edgeplay scenes. Come armed with your questions, ideas and experiences.

### Canes and Caning

This workshop will explore the world of canes and caning, aimed at those with little or no experience through to experienced players. This year we'll include some of the more unusual caning toys and techniques, as well as a greater focus on the experience of the receiver. In the first part of the workshop we'll present a variety of rods and canes and talk through some of the theories and practical aspects of caning, with a live demo and plenty of time for questions. Stance, approach, warm up techniques, types of rod and cane, and two-handed caning will all be covered. In part two, after looking at caning from the receivers perspective, there will be a talk on building scenes around canes and caning, together with demonstrations of caning scenes which move from the sensual to the more 'challenging' end of the spectrum. Some guided practical time will end with some free time for individual questions, additional demos or opportunities to try out some of the possibilities explored earlier in the workshop.

### Consent: Reflection and Development

Many of us often use the word "consent," but our understanding of the details of consent has changed. We are developing how we talk about consent with new and existing partners, other kinksters whether new to the scene or folks who got into this years ago, dealing with our own mistakes and those of others and sometimes, too often, hearing of misunderstandings or abuse. This will be a chance to reflect on some of the ways people understand and communicate consent and how we personally and in our relationships and communities want to develop how we talk about and do consent.

## **SESSION 4 – SATURDAY**

### Bratting Dynamics in Bondage

This workshop is a more bottom-centred way of looking at movement, fight and takedowns in rope. There will be a mixture of discussion, short demos, and plenty of time to experiment with the ideas we share. It will be taught by a rope bottom, but we will have insights for both sides of the slash. We'll teach you how to slow down, assess how you're communicating physically with each other, and help the bottoms work out how much to fight back. It's about making our riggers work just a little bit harder while adapting to their rigging style and speed! If you're taking back some power, how do you do that while making sure that everyone's still safe, having fun and not receiving unsolicited CBT? When bottoms brat they shift the power exchange. Why do we rarely discuss the consent bottoms need to ask for?

### The UK Leather & Fetish Archive at Bishopsgate Institute

A talk on the development and contents of the UK Leather and Fetish Archives at the Bishopsgate Institute. Also hopefully a discussion on moving it forward.

### Electro Play with TENS

A workshop covering the use of TENS machines for electroplay. We'll cover safety information and there will be a chance for some willing volunteers to have a go, using the pads on their arms to see how it feels.

### Dicewriting

A fun, interactive workshop for people interested in writing kinky erotica, based around generating ideas. Attendees should bring a pen and paper.

### Sensory Deprivation and Sensation Play

Discover how the senses sharpen when some are taken away! We will play with blindfolds, hoods, headphones and gags to cut you off from the world, then bring you back with an array of different sensations. We will also discuss the importance of safe signals in the absence of verbal communication. Feel free to bring your own toys. Please bring a scarf/blindfold, and if possible earphones. SESSION LIMITED TO 30 PARTICIPANTS & WILL BE CLOSED WHEN FULL.

### Navigating the Scene as a Singleton

Much of the kink scene seems to be built around the assumption that everyone is part of a couple. But lots of us are not! Join ControlFreak99 for a frank conversation about being single in the BDSM community. How do you have fun at events when you go solo? What are some of the perks of being a free agent? How do you find people to play with, if you want to? Bring your questions, your experiences and an open mind!

## **SESSION 5 – SUNDAY**

### Handling Speed, Power and Acceleration

A workshop focused on rope handling to control speed and power, whilst playing with the effects that these variations can bring to a scene. An introduction to functional yet minimal components, combining these techniques to form an optimised, brutalist 2 rope TK/box tie. Attendees should be in pairs, at beginner/intermediate level and will require 3-5 lengths of ~8m rope.

### Kink and the Law

We'll discuss the law as it affects kink, including *R v Brown*, consent as a defence, laws around pornographic images, Age Verification, the current environment and possible changes in the future. We'll also look at how we can change things, possible activism tactics, potential opportunities and possible allies. Heather is not formally legally qualified but has a law degree and passed the bar course.

### Don't Scare the Vanillas! Integrating D/s Into Everyday Life

A workshop focusing on ways to perform a D/s dynamic either in public or otherwise surrounded by vanilla people. We will also look at ways to integrate subtle D/s into parts of day-to-day life. We'll begin with an introductory discussion highlighting the ethical and legal implications of conducting public kink play, and then demonstrate a variety of ways to discreetly perform a D/s dynamic in a public setting. Bring your suggestions, your ideas and your questions.

### Corset Stapling: Stapling and Aesthetics

A look at the necessary equipment required to staple safely, areas of the body that can be stapled, negotiation and consent and tips on getting the best aesthetic look. There's the opportunity to staple or have it done - you'll need to bring your own suitable staple kit or you can buy a pack with everything you need from the workshop leader for £12.

### Fabulous Flogging (inc. The History of Flogging and Corporal Punishment)

A practical flogging workshop with a twist – you can also learn all about the history of flogging and corporal punishment! We'll look at styles of floggers and understanding how to identify the difference between thud, sting and all the bits in between, plus explore the different styles of flogging from differing speeds, tempos and mind games. How to create a scene by creating the beginning, middle and end. Playing with music and creating a show.

### Upping Your Sexting and Dirty Talk Game

Words can really make a scene. When you're face to face or miles apart, a bit of kinky dirty talk can be fun, sexy and also a great way to let each other know what turns you on. This session will give you all the tools they need for effective dirty talk. We'll cover how to get over embarrassment, what to do if your partner doesn't like the fantasy you're weaving, and consent driven sexting – not just sending a dick pic or fantasy to someone you 'think' would like it. We'll do some fun writing exercises, examine what we find sexy about sexting and what really turns us off, and play a light-hearted game of Bing-O Behave (bingo with suggestive words instead of numbers!)

## **SESSION 6 – SUNDAY**

### Bottom-Led Rope Workshop

Approaching a classic rope class from an entirely new perspective, this workshop is all about teaching Tops how to tie their bottoms while teaching bottoms how to help their Tops learn. We shall learn a classic TK with a few variations, but the class will be led by RedRidingBrat and approached primarily from the bottom perspective.

### Fisting 101

A workshop on the basics of fisting, including safety information, with a demo and opportunity to ask questions.

### Sade and the Origins of Sadism

We are all familiar with the word 'sadism', and what it means today, but we may be less familiar with the work of the Marquis de Sade, from whom the term gets its name. A short presentation on Sade's life, work, and the history of his reception, before opening up to a structured discussion on passages from some of best-known works. You can read in preparation if you like, but it's not essential.

### Active Bottoming

A talk on Kitty's perspective about being a bottom on the scene full of hints, tips and personal experiences to help you develop on your journey as a bottom. This session will also be useful for Tops who wish to gain further insight into the world of being on the receiving end.

### From Toes to Tickling: Foot Fetish Demo & Discussion

A talk and discussion around the delights of foot fetishism. Two switches will guide exploration of all things feet, from worship to torture. Open to everyone who enjoys the beauty or vulnerability of feet from either side of a BDSM dynamic.

## **SESSION 7 - SUNDAY**

### Body Movements, Pressure Points, Takedowns and More

An interactive workshop focused on pressure points, takedowns and other techniques for 'encouraging' certain physical movements. This workshop takes elements of Charlie's fifteen years of martial arts experience, with a focus on accessibility and helping people of all body types and abilities increase the range of ways in which they can physically control their partners. In particular the workshop will focus on techniques and approaches that do not rely on physical strength and can be used by smaller and less strong people.

### Lapdancing

This workshop will cover different styles of lap dancing, and then introduce you to some moves! We'll discuss body positivity, demonstrate different styles of lap-dancing based upon different kink and vanilla dynamics, then learn a few moves.

### Porn This Way: Ethics, Laws and More in BDSM Porn

Fairytale, a porn performer and PhD candidate studying porn laws in the UK, will explore the ethical implications, legal considerations and other aspects of both making and consuming kinky porn.

### Introduction to Erotic Hypnosis

Hypnosis is often misunderstood, bringing to mind images of sinister men in top hats twirling their moustaches. But the truth about hypnosis is very different, very real, very entertaining, and can be a valuable tool in any kinkster's toolbox. In this workshop, we will explore the truth about hypnosis, and shed some light on the myths surrounding it. We will cover safety, consent and negotiation issues during hypnotic play, and how to ensure that both parties are comfortable during a session. We will demonstrate several easy tricks to learn and practice and how they can be used.

### Kinky Life Drawing

In this workshop we'll get your creative juices flowing with a guided life-drawing session, featuring a variety of kink-themed poses. Starting with quick warm-ups, we'll then move on to several longer poses. You'll be given an overview of the principles of life-drawing and an introduction to several different mediums that you'll be able to work in. No prior drawing experience required and all materials will be provided! Those interested in modelling are also very welcome. Facilitator Cyanopica is responsible for the beautiful artwork in our programme and for our lovely KinkFest pin badges!

### Fire Play with Fire Wands and Flash Cotton

Pieman3000 will be sharing his knowledge of fire play. He will cover the use of both a fire wand and flash cotton. The session will start with some all-important safety information before moving on to a practical demonstration. Attendees will be able to practice fire play with supervision following the initial demonstration.

## **SATURDAY NIGHT PERFORMERS (LISTED IN ORDER)**

### **Emanix and Magick**

Emanix may be familiar to Kinkfest regulars as an educator who has run several workshops in previous years. Well known as an artist and illustrator, polyamory activist and professional cartoon character, this year she has agreed to reveal a new facet as an aerial performance artist.

Magick is better known for producing and performing in BDSM videos, but is joining Emanix to help present a live exploration of the darker side of kink.

Aerial silks are usually associated with expressions of ethereal beauty, but here provide a contrast to savage sexual desire and brutal forbidden urges. An aerial flight performance like no other, exploring the intimacy and freedom that can be born from desecration and primal lust. Explicit, shocking and real; a descent from light into the forbidden realms of female sexual masochism.

May not be suitable to those of a sensitive disposition.

### **SilverPutty as Sylvie Silver**

Sylvie Silver is an enigmatic creature, a forest-dweller, surrounded by whispered rumours. The theories of her origin differ, but there is one thing that the locals agree on... and that is that she is a powerful witch.

Last night, there was a freak storm, and much of the local village was destroyed. Some brave villagers have come to the woods to question the witch, presuming it is her doing. But what will they find...?

### **Will Hunt and RedRidingBrat**

Will Hunt and RedRidingBrat will be premiering their exciting new performance: *Shigaisen*. Inspired by new and old shibari styles, this performance is sure to be something unique and memorable. Please be aware that strobe lighting and loud music are involved in this performance.

RedRidingBrat is a Nottingham based switchy human and loves nothing more than to teach and perform for others. She has a passion for rope alongside some of the more extreme sides of kink.

Will Hunt is a regular performer and teacher throughout the UK. His performances are well known for their forceful, dynamic use of rope.