

KINK FEST'23



Welcome to KinkFest 2023

We're so happy to be back for our seventh year!

Dear Friends Old & New,

Welcome back to KinkFest. After a three-year enforced absence due to the COVID-19 pandemic, we are delighted to be bringing this event to you once again.

We're so excited about this year's lineup, and we hope you will love it as much as we do. There are some brand new presenters and performers this year... alongside some old favourites, of course!

KinkFest is, and always has been, a labour of love. Though we do it as a service to our community, this event and its attendees have also given us so much. Whether this is your first KinkFest or you've been with us every year, we invite you to try something new this weekend. We invite you to play, to explore, to learn, and to connect.

There are so many people who help to make KinkFest happen. We would like to extend all our thanks and eternal gratitude to: Shadow and Decon, our loyal and dependable event team members; Paul, Flirt and the whole Xtasia team; our co-founder and Consent Incident Response Person (CIRP) Phoenix; our wonderful workshop leaders, speakers, teachers, and discussion facilitators; our fabulous performers; our volunteer Dungeon Monitors; and Jenna of Skybear Illustrations for our programme and badge artwork.

And, of course, to all of you for coming. You make this event, and this community, what it is. Whether you're a scene veteran or just dipping a toe into kink for the first time, we are glad you're here. Come and dive in with us...

With love,
DB & Amy
KinkFest 2023 Directors



Workshop Information

SESSION 1 — SATURDAY

The Underrated, Fun, and Versatile Art of Spanking

Packed full of useful tips for both tops and bottoms, there's something for everyone in this session all about the best ways to use your hands. We will cover consent, negotiation, safety, anatomy, body positioning, and more. You'll learn techniques for achieving different effects and pain levels, how to play with headspaces, and common mistakes to watch out for.

Bigger Bodies in Rope

Rope is for every body! In this session, we'll look at the things you'll need to bear in mind for tying larger bodies, from navigating negotiations to adapting ties according to each bottom's unique body and abilities.

Kink and the Law

Learn about the current legal landscape around BDSM and the law. What does the law say about consensual kink, what other laws have an impact on what we do, and what activities can potentially land you in legal hot water? This talk will expand upon and update Heather's previous KinkFest sessions on this subject, but is also suitable for beginners to the topic.

Violet Wands 101

An exploration of Violet Wands, their history, their original uses, and how they can be used in kink play. There will be a chance to experience the sensation of a violet wand and to see the large variety of tools that can be included to enhance your play.

I Can Find Your House From Here: How To Be a Predator

A tongue-in-cheek look at safety in the scene, from the point of view of predators. A fun look at how to stay safe online and in real life. We will cover the various techniques that can be used to find someone in the real world, how a predator might use this information to their advantage, and how they might coerce someone to stay quiet afterwards. This session is aimed at newcomers, but applicable to anyone who has any kind of online presence or shares information online.

Sustainable and Ethical Bratting Beyond Biodegradable Glitter

A creative overview of the art of bratting, including a discussion of the ethical implications, applications of consent models, ways to reuse and recycle your bratting content to keep it fresh and relevant, and new innovative ways to save humanity through bratting!

Munches, Social Skills and Conversational Skills for the Kink Scene

Munches are kink socials and normally the first step most people take into the in-person kink scene. But what exactly are they and what is the expected etiquette? We will talk about social skills and the art of having a good conversation with fellow munch-goers. Please note this workshop will require interaction with others in the class, but we aim to help overcome any shyness in a safe and judgement-free space.

SESSION 2 – SATURDAY

Trampling & Rope

This class will explore the potential for combining rope bondage and trampling in BDSM play. Some rope bottoms enjoy the idea or sensation of being stepped on, squashed, or otherwise squeezed, and we will discuss how to plan a rope scene with this in mind. We will demonstrate floor work and partial suspensions suitable for the rigger to apply force with their feet, knees, elbows and other parts of the body. No prior knowledge is needed.

Introduction to Enhanced Interrogation

An introduction to the methods, psychology and tools of an interrogation scene. We will examine how interrogations work on a psychological as well as physical level. We are not necessarily interested in hurting the subject; our objective is to lead them to a point where they psychologically no longer wish to resist.

The UK Leather & Fetish Archive

The Fetish Archive was established at Bishopsgate Institute, London, in 2016. This illustrated talk will explore the archives and the stories behind them in an informative and entertaining way. We will also explore the need to empower the kink community through documenting its history, encourage attendees to archive themselves, and introduce you to a new planned oral history project.

Introduction to Heavy Play

An introduction to heavy play within a dynamic, including how to punch (safely) and how to hurt but not harm.

Humour and Silliness: The Lighter Side of Kink

Sometimes people can become lost in the serious side of kink, or struggle to communicate. This workshop focuses on using humour and bratting as a means of communication, consent checking, and building a bond while remaining respectful to a D/s Dynamic. No-one is having a bad time if they are giggling!

Fucking Political

In this discussion we will explore the political history of kink and alternative sexualities and how it applies to our lives today. The freedoms won by our predecessors are being challenged and eroded, progress is slow, and good news is rare. How do we build resilient communities and prepare ourselves for the challenges ahead? How can we apply what we understand of our own political history to other marginalised groups? And how do we take what we learn to effect change with those groups to stand up against intolerance? Content warning: discussion of oppression, an uncomfortable look at the privileges we hold.

SESSION 3 — SATURDAY

Impact Play, Canes and Caning

Learn all about the art of caning, from consent, negotiation, and safe(r) play through to warm-ups, types of canes, play styles, and caning scenarios or scenes you can play with.

Overcoming Shame

Uncover the drivers for shame with a particular focus on sexuality and gender (kinky people, LGBTQ+ people, etc.) and learn how to start to overcome it.

Switching with Finesse

All about switches! A discussion based workshop where attendees can discuss their experiences or issues with switch life, seek advice from others, and share tips. Together, the presenters offer an insight into the difficulties of being a switch or being with a switch (particularly when only one partner is) and advice on how to have some tough conversations. This session is also a safe space for attendees to discuss how to navigate some more general challenges of being a switch when the scene likes neat boxes.

Nice vs. Nasty Stapling

Let us show you the sensual side of stapling with a lush back corset and our 5 secrets to making it beautiful. To contrast (and for those brave enough) we'll demonstrate the sadistic side with a cunt closure. We'll also look at a couple of sadistic stapling predicament ideas. Time will allow you to have a go—bring your own kit or we'll have a limited number with us to buy.

Talk Dirty to Me: The Art of Sexting

Turn your partner on from anywhere with just your words! We'll open the workshop by discussing consent, initiating sexting, and the power of language, before having an opportunity to discuss and write in smaller groups.

So It's My First Play Party, What Do I Do?

A workshop for anyone new to KinkFest or the scene in general, as well as anyone who would like a refresher. We will discuss what to expect at your first play party, rules and etiquette, setting and honouring boundaries, and how to ask someone to play (or respond to an invitation to play.)



SESSION 4 – SATURDAY

Sensory Deprivation and Sensation Play

Explore how your senses become heightened when sight and hearing are taken away. This workshop will teach you how to play with sensory deprivation safely and consensually, and equip you with ideas for creating tension, excitement and release for your partner. Phoenix will show you a range of hoods that can be used to achieve an even more intense experience. You will have an opportunity to try out play with blindfolds and sensation toys, and even try on some hoods if you dare. Please bring a blindfold or scarf if possible.

Capacity and Consent

An exploration of capacity and consent: not only why consent is important but why capacity to give that consent matters, as well as how to assess if someone has capacity. We'll include the historical development of consent as well as the modern legal requirements for establishing capacity and consent.

Introduction to Erotic Hypnosis

Skin so sensitive that every trail of your partner's fingers feels amazing? Feeling a wave of pleasure with just a snap of someone's fingers? Being programmed into the perfect sex toy for their use? Enjoying deep relaxation through words and touch? Tying your partner up, no ropes required? If all of this sounds interesting to you, then come and learn all about erotic hypnosis. Trix and Sinister will talk through the basics, demonstrate some of the ways they use hypnosis in their relationship, and introduce you to all the possibilities of erotic hypnosis.

Cupping

After a brief introduction on cupping and its origins, we will look at suggestions on how to create a safe environment and explore the four main aspects of cupping. Zak and Alice will then give a demonstration of all four, talking you through what they're doing and the safety implications of each activity.

Disability and Kink

A discussion about health, disability and kink including how to talk to healthcare professionals and others when you need to disclose your involvement in kink, the laws on access, how to request reasonable adjustments, and empowering disability within a power exchange relationship. We'll also look at ways to adapt play when age or health changes impact your kink.



SESSION 4 – SATURDAY (CONTINUED...)

Bootblacking: Service, Connection and Power

At its most basic, bootblacking is the care of worn leather, but it can be far more than that: it's a tradition with queer roots; it's about care for the person, their leather and their history. It can offer service, solace and connection, be filthy and hot, and be charged with power exchange. In the first part of this workshop you can learn the basics of how to care for boots and leather garments and in the second half, we'll explore how bootblacking can become a scene and incorporate bondage, pain play, boot worship, humiliation and more. Bring a pair of boots and (if you have one) a shoe brush.

How to Be a Trauma-Informed Kink Partner

Trauma can have a major impact on how we engage with kink. In this session, learn about what it means to be trauma-informed and the things you'll need to be aware of if your partner is a trauma survivor.



KinkFest UK 2023 Schedule for Saturday 9th September

| Saturday | Main Room | Lounge | Cinema | Dungeon | Flirt's Bar | Outside Space | Below Flirt's |
|--|--|--|---|--|---|---|--|
| 9:00am – 10:00am | REGISTRATION, BADGE COLLECTION & WELCOME | | | | | | |
| Session 1 10:00am – 11:30am 90 mins | The Underrated, Fun, and Versatile Art of Spanking with Tara Red & KittyTale | Bigger Bodies in Rope with Holly & Bear | Kink and the Law with Heather Katz | Violet Wands 101 with Mr Loc & Raya | I Can Find Your House From Here: How To Be a Predator with Sadist on Sadist | Sustainable and Ethical Bratting Beyond Biodegradable Glitter with -Selkie- | Munches, Social Skills and Conversational Skills for the Kink Scene with Texaspete |
| Session 2 11:40am – 1:10pm 90 mins | Trampling & Rope with Petite Pretzel | Enhanced Interrogation with Will Hunt & RedRidingBrat | The UK Leather & Fetish Archive with Stef Dickers | Introduction to Heavy Play with KnottyButt, Totails and Novellus | | Humour and Silliness: The Lighter Side of Kink with Bigspoon & a brat | Fucking Political with Evitrii & Cad |
| 1:10pm – 2:20pm | LUNCH | | | | | | |
| Session 3 2:20pm – 3:50pm 90 mins | Impact Play, Canes and Caning with Master Bigfoot & MagicalMissive | Overcoming Shame with English Leather Master & ELM's sub | Switching with Finesse with LiliQu & MrG9912 | Nice vs Nasty Stapling with NotForSofties & -Selkie- | | Talk Dirty To Me: The Art of Sexting with J | So It's My First Play Party, What Do I Do? with DB and SparkleFemme |
| 3:50pm - 4:10pm | 20 MIN BREAK | | | | | | |
| Session 4 4:10pm - 5:40pm 90 mins | Sensory Deprivation and Sensation Play with Phoenix Flight | Capacity and Consent with Bound in Leather & submission | Introduction to Erotic Hypnosis with Sinister & Imaginatrix | Cupping with ZakRLee & SpankyAlice | Disability and Kink with Miss AW | Bootblacking: Service, Connection and Power with Pine the Bootblack | How to Be a Trauma-Informed Kink Partner with Big Spoon |
| 5:45pm – 7:45pm | CLUB CLOSED (Flirt's Bar open for drinks) – DOORS RE-OPEN 7:45PM | | | | | | |
| 8:15pm – 9:00pm | ORGANISER ADDRESS & ENTERTAINMENT | | | | | | |
| 9:00pm – 2:00am | SATURDAY NIGHT PLAY PARTY | | | | | | |

KinkFest UK 2023 Schedule for Sunday 10th September

| Sunday | Main Room | Lounge | Cinema | Dungeon | Flirt's Bar | Outside Space | Below Flirt's |
|---|--|--|--|---|---|---|---|
| 10:30am – 11:00am | CLUB OPENS | | | | | | |
| Session 5 11:00am – 12:30pm 90 mins | Tightening and Punishing Ties with Will Hunt & RedRidingBrat | Hoods, Gags and Blindfolds with Juggler10000 | Genital Anatomy and Arousal with xDelliah | Wax Play 101 with Texaspete & DanaHurt | | Fireplay with Tara Red | Knowledge Through Touch with Sadist on Sadist |
| 12:30pm – 1:40pm | LUNCH | | | | | | |
| Session 6 1:40pm – 3:10pm 90 mins | Rope Bondage for Sex! with NotForSofties & wairua-auraro | Curt Fisting 101 with T & J | Boundaries in Kink with English Leather Master & ELM's sub | Electro Play with TENS Machines with Heather Katz | | Event Hosting and Leadership with Eel | Relationship Anarchy and Kink with -Selkie- |
| 3:10pm – 3:30pm | 20 MIN BREAK | | | | | | |
| Session 7 3:30pm – 5pm 90 mins | Redesigning Adaptive Rope Harnesses with Cad & Evitrii | Topping for Shy People with Phoenix Flight | The Erotic Hypnotic: A Hypnotist's Guide to Dirty Talk with Sinister & Imaginatrix | Cuck You, Cuck Me with LiliQu | Are BDSM Play Spaces Inherently Ableist Towards Physically Disabled People? with Abby | 24/7 Power Dynamics with Knottybutt, Novellus and Totalis | |
| 5pm – 5:30pm | CLOSE & THANKS | | | | | | |

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| KEY: | Screen presentation | Message table |
|-------------|---------------------|---------------|

Please remember that phones and other devices capable of recording video or audio are strictly not allowed in the club except by express permission of the organisers.

SATURDAY NIGHT PERFORMERS (LISTED IN ORDER)

Delilah-Cat

Delilah will treat us to three short routines from her burlesque repertoire, evoking the essences of Marilyn Monroe with a kinky twist, a Mistress of the Night baring fangs and all, and finally a decidedly NSFW nurse routine with possible audience volunteer required!

Delilah is a regular performer at Xtasia and has performed at KinkFest in the past to such acclaim that we have invited her back again!

Cad and Evitrii

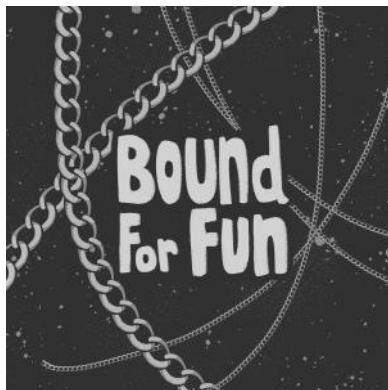
Cad and Evitrii present Unravelled, a rope suspension in a continuous length of 1mm dyneema string, featuring dynamic movement. Themes include invisible feminine labour, fibre arts, and breaking out of heteronormative gender roles.

Cad has performed at KinkFest a few times in the past and is well-known on the UK scene and beyond as an accomplished rigger and occasional rope model. This will be Evitrii's first (and we hope not last!) KinkFest performance, but they are not new to performing so we are absolutely delighted to welcome them here for 2023.

Will Hunt and RedRidingBrat

Between them, Will Hunt and RedRidingBrat have presented and performed many times at KinkFest, not to mention many, many classes and performances they've done elsewhere, too. Of course we're happy to have them again, especially after the three-year hiatus we've had.

Honestly, we're not entirely sure what their performance is going to be this year (it's usually a surprise!), but we are told to be prepared for fire AND water! Anyone else already excited by the anticipation?



SESSION 5 — SUNDAY

Tight and Punishing Ties

Join us as we enjoy constricting, controlling ties designed to increase the feelings of helplessness in rope. We will explore some traditional patterns which allow us to take someone from a standing position to helplessly writhing on the floor. Basic rope handling knowledge is required. Neck rope will be demonstrated, but variations will also be shown.

Hoods, Gags and Blindfolds

In this workshop we will be taking an in depth look at hoods, gags and blindfolds. We'll cover physical and psychological safety, different types, materials and price ranges, how to safely fit them, incorporating these items into scenes, and much more. There will be opportunities to look at, and in some cases try, different designs, as well as plenty of discussion drawing on the experiences of everyone present.

Genital Anatomy and Arousal

Don't know your Bartholin's glands from your Skene's glands? Is female ejaculation a myth? Did you know your clitoris has legs? Focussing on both vulva and penis anatomy, Delilah will take you on a tour of our most intimate parts and help you to understand what's where, what feels good and why, and some myths associated with genital anatomy and arousal.

Wax Play 101

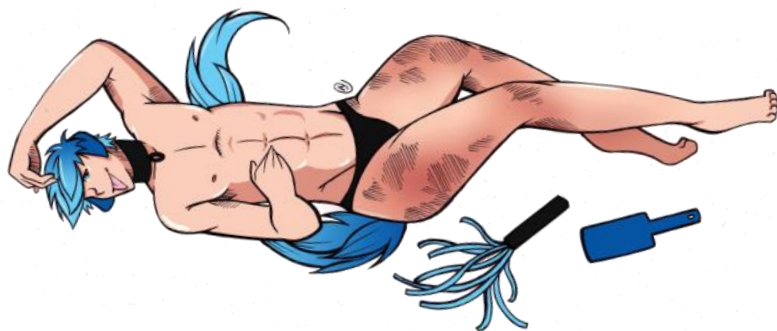
Covering the basics of wax play: what it is, the right types of candles and toys to use, examples of how to make it comfier and safer for both the top and the bottom, and tips for cleaning up. We will also give adequate time to try wax play yourself and clean it off afterwards.

Fireplay

Tara Red teaches you how to play with fire! It's Tara Red! And Fire! 'Nuff said?

Knowledge Through Touch

Learn sensual massage techniques to help you connect with your partner, maintain intimacy, and explore new ways to connect to your kinky play together! Form intimate and sensual scenes when sex itself is "off the cards," fulfil that service love language, or learn to be a better sadist in the *nicest* way possible in this workshop exploring touch!



SESSION 6 — SUNDAY

Rope Bondage for Sex

A cheeky class to learn a dirty dozen quick and easy rope bondage ties for restraint, control and sex. No prior rope skills needed!

Cunt Fisting 101

We'll lead with a guided discussion on the practice of vaginal fisting: consent, safety, history, and sensation. This will be followed by a live demonstration with commentary from the two workshop leaders, and a Q&A with both top and bottom. If there's time, delegates will be welcome to explore a little together, should they wish to.

Boundaries in Kink

Understanding your boundaries, and those of your partner(s), is fundamental to kink and comes even before discussion of consent can be had. In this workshop, English Leather Master and his boy will discuss boundary setting from both sides of the sub/Dom divide. Whilst most people only talk about physical boundaries in kink, there are many others that should be considered. We will discuss what happens when boundaries are set and ignored, when boundaries can be pushed, and when boundaries should be renegotiated. This session will be useful for both new entrants to the kink world and experienced players.

Electro Play with TENS Machines

A workshop/presentation covering the use of TENS machines for electro play, including a gentle demonstration where volunteers can get an idea of how these machines feel. We will also cover the safety considerations you need to know when playing with electricity.

Event Hosting and Leadership

Hosting events can be challenging in any walk of life but sometimes the nature of the events we run in the kink community can present additional challenges. There is often a lack of support for those running events and having to negotiate a wide variety of situations. The workshop will be an open discussion/roundtable where those who run events or those who intend to run events in the future can share experiences, challenges and solutions, consider some of the pros and cons of running events, and maybe develop a network of mutual support for each other.

Relationship Anarchy and Kink

Relationship anarchy is the application of anarchic theory to relationships, allowing us to customise and tailor our connections to each other, freely and without restriction. We will examine and identify the role systemic power imbalances such as race, disability, gender, mental health issues, and poverty can play in our relationships and through communication, seek to eliminate those disparities so that we can negotiate as equals. Through awareness and communication, we have more freedom to create deep and meaningful relationships that are able to evolve with us over the course of our lives in kink.

SESSION 7 - SUNDAY

Redesigning Adaptive Rope Harnesses

This workshop will teach participants how to adapt the rope they're doing to meet their physical needs. Harnesses are often taught as a one-size-fits-all deal, but that rarely works for the diversity of human bodies that exist. Participants will learn to design ties that fit the individual. We also want to recognise that the way tying techniques are taught aren't accessible to all rope tops, so we'll give some time and attention to adaptations that help the rigger achieve their own flow.

Topping for Shy People

Are you a sub-leaning switch looking to develop your topping skills? Are you a newer top looking to gain more confidence in your scenes? We will use hands-on activities to explore reframing what topping can mean, prioritising your own pleasure, and ways of creating and reinforcing dynamics. This workshop will focus mainly on what we can do without any toys, but you may wish to bring a collar, blindfold, and/or impact toy. This workshop is aimed at people with at least a basic knowledge of kink and is best done with a partner you are comfortable with.

The Erotic Hypnotic: A Hypnotist's Guide to Dirty Talk

What if your dirty talk could make every touch electrifying, take your partner to new heights of intensity, and turn the experience into something utterly unforgettable? Language can be a powerful tool for shaping experiences, but often we get so swept up in the physicality of intimate play that we forget to use our words. Demonstrating basic hypnotic principles, the presenters will show you how to use dirty talk intentionally to intensify any kind of erotic experience.

Cuck You, Cuck Me

A discussion and workshop where attendees can share tips and ask questions on the subject of cucking from all sides! Whether hotwife, cuckquean or bull, cucking is not a highly discussed area of kink and can bring some pretty serious emotional pitfalls but also some of the most fun scenes. The presenter has experience from both sides of the cuck dynamic and is happy to share their own experiences and suggestions to facilitate conversations.

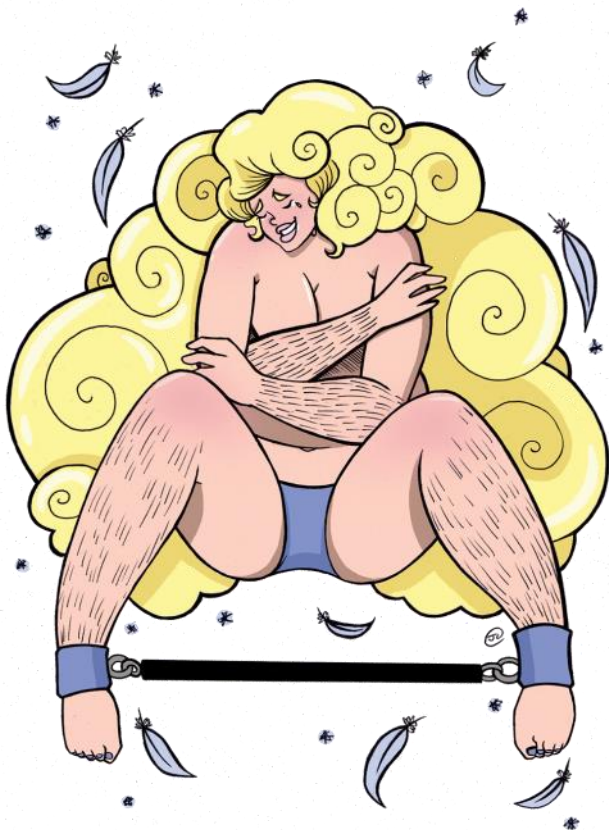
Are BDSM Play Spaces Inherently Ableist Towards Physically Disabled People?

A lecture and Q&A session based on BDSM play spaces and how they can be made more disabled-inclusionary.

24/7 Power Dynamics

Totalis and Knottybutt have a 24/7 Master/slave dynamic and Totalis and Novellus have a 24/7 Dominant/submissive dynamic. Together, they will demonstrate and discuss how this looks and how these relationships came about and delve into negotiation, staying safe, the responsibilities on both sides, and how they translate into day to day life. They will also demonstrate rules and rituals that can be used within 24/7 dynamics.

THE BORING BUT IMPORTANT STUFF: KinkFest takes your safety seriously and we vet every presenter and teacher for competence and adherence to safety and consent best practices. However, many BDSM and sexual activities inherently carry some risk and you take part in any demo, have-a-go session or play at your own risk. Neither the KinkFest crew nor Xtasia bear any responsibility for accident or injury that may occur unless as a direct result of their own actions or negligence. We expect all presenters, teachers and attendees to maintain the highest standards of safety awareness and practice Risk Aware Consensual Kink and/or Safe, Sane & Consensual Play at all times during the event.



PLEASE NOTE: YOU MUST HAVE YOUR WRIST BAND WITH YOU AT ALL TIMES DURING KINKFEST WEEKEND. THIS INCLUDES THE SATURDAY EVENING PLAY PARTY. YOU WILL NOT GET THROUGH THE DOOR WITHOUT IT.

KINKFEST UK 2023 CODE OF CONDUCT

The following outlines the Code of Conduct by which all KinkFest attendees are expected to abide. Anyone found breaching the Code is likely to be ejected without refund and may be barred from future events. It is your responsibility to have read the Code before attending KinkFest. In the event of physical or sexual violence or the use of illegal substances, KinkFest and Xtasia staff will co-operate with law enforcement.

CONSENT: KinkFest is run on an ethos of explicit, enthusiastic and ongoing consent as a minimum standard. This means that no always means no, but anything other than a clear indication of consent also means no. This applies to any kind of sexual contact or play, but also to physical contact (e.g. hugs) touching someone's stuff, or joining in with any activity.

RESPECT: Respect and courtesy from all attendees to all attendees is expected, regardless of role or identity. In addition, respect and courtesy towards the venue and its staff is expected.

RISK AWARE CONSENSUAL KINK: The things we do often carry some inherent level of risk. We expect all attendees to be aware of the risks of play, only engage in activities they're competent to do (or try new things with supervision) and take sensible precautions to mitigate risks to themselves and others. This includes not playing drunk or under the influence of any substances. The house safeword is RED.

INCLUSIVITY: KinkFest is for everyone 18+ with an active, supportive interest in BDSM/fetish. We strive to include and give a voice to everyone regardless of gender, race, age, ability, sexual orientation, role or experience level. Bigotry of any kind will not be tolerated.

PRIVACY: Any devices capable of taking photographs, videos or audio are strictly prohibited (mobile phones must be left in the cloakroom). Anyone found taking photos or recording will be ejected. Respect everyone's chosen names, even if you know them as something else outside KinkFest, and do not "tag" anyone on any social media associated with the event without their explicit consent.

EDUCATION: KinkFest is first and foremost an educational event. We expect that all attendees show respect to the teachers who have given their time to share their expertise by listening and following instructions in workshops. We vet all presenters for expertise and adherence to safety and consent best practices.

YKINMKBYKIOK: KinkFest accepts, embraces and respects all forms of consensual adult sexual expression. Kink-shaming has no place here.

FUN & EXPLORATION: KinkFest is meant to be a fun, safe and exploratory place for everyone. This Code of Conduct is in place to help everyone have a brilliant time. We encourage you to explore, play, try something new, and look out for yourselves and each other.

